

WELCOME TO TBT'S KABBALAT SHABBAT

WELCOMING SHABBAT TOGETHER!



HiNey Ma Tov
(teXt: PSaLM 133)



HiNey Ma tov U'Ma Na-iM
Shevet achiM gam yachad (2X)

How good it is (How good it is)
How Sweet it is (How Sweet it is)
To be together ON this day (2X)

SHALOM aleICHEM, SALaAM aLEYKUM,
SHALOM aleICHEM, SALaAM aLEYKUM!

Lecha Dodi- Welcoming the Sabbath Bride

Lecha Dodi, Chiri, biri, bim
Likrat Kallah, Chiri biri bam

Lecha dodi, Likrat Kallah
Chiri biri biri biri biri biri bam!





קַבְּלַת פְּנִים

KABBALAT PANIM — WELCOMING

BLESSINGS FOR SHABBAT

The candles are lit before the blessing is recited.

BARUCH atah, Adonai
Eloheinu, Melech haolam,
asher kid'shanu b'mitzvotav,
v'tzivanu l'hadlik
ner shel Shabbat.

בָּרוּךְ אַתָּה, יי
אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו,
וְצִוָּנוּ לְהַדְלִיק
נֵר שֶׁל שַׁבָּת.

BLESSED ARE YOU, Adonai our God, Sovereign of the universe,
who hallows us with mitzvot,
commanding us to kindle the light of Shabbat.

Narot-Lighting
our Shabbat
Candles

BARUCH atah, Adonai
Eloheinu, Melech haolam,
borei p'ri hagafen.

Baruch atah, Adonai
Eloheinu, Melech haolam,
asher kid'shanu b'mitzvotav v'ratzah vanu,
v'Shabbat kodsho
b'ahavah uv'ratzon hinchilanu,
zikaron l'maaseih v'reishit.
Ki hu yom t'chilah l'mikra-ei kodesh,
zecher litziat Mitzrayim.
Ki vanu vacharta, v'otanu kidashta,
mikol haamim.
V'Shabbat kodsh'cha
b'ahavah uv'ratzon hinchaltanu.
Baruch atah, Adonai, m'kadeish HaShabbat.

PRAISE TO YOU, Adonai our God, Sovereign of the universe,
Creator of the fruit of the vine.

Praise to You, Adonai our God, Sovereign of the universe
who finding favor with us, sanctified us with mitzvot.
In love and favor, You made the holy Shabbat our heritage
as a reminder of the work of Creation.
As first among our sacred days, it recalls the Exodus from Egypt.
You chose us and set us apart from the peoples.
In love and favor You have given us Your holy Shabbat as an inheritance.

Praise to You, Adonai, who sanctifies Shabbat.

ברוך אתה, יי, מקדש השבת.
Baruch atah, Adonai, m'kadeish HaShabbat.

ברוך אתה, יי,
אלהינו, מלך העולם,
בורא פרי הגפן.

ברוך אתה, יי,
אלהינו, מלך העולם,
אשר קדשנו במצותיו ורצה בנו,
ושבת קדשו
באהבה וברצון הנחילנו,
זכרון למעשה בראשית.
כי הוא יום תחלה למקראי קדש,
זכר ליציאת מצרים.
כי בנו בחרת, ואותנו קדשת
מכל העמים.
ושבת קדשך
באהבה וברצון הנחלתנו.
ברוך אתה, יי, מקדש השבת.



**KiddUSH- BLESSING
the Wine**

Creation Prayer- Ma'ariv / SUNSet

ROLL INTO dark,

ROLL INTO Light

Night becomes Day

Day TURNS to Night (2X)

Borei YOM V'LILAH,

GOLEL OHR MIPNEI CHOSHECH

GOLEL OHR MIPNEI CHOSHECH

V'CHOSHECH MIPNEI OHR



OHR=Light CHOSHECH= darkNeSS

YOM=Day

LILA= Night

SHema: Feeling God'S ONEneSS in our Lives:

שְׁמַע יִשְׂרָאֵל, יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד.

Sh'ma Yisrael, Adonai Eloheinu, Adonai Echad.

HEAR O ISRAEL, Adonai is our God, Adonai is One.

בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד.

Baruch shem k'vod malchuto l'olam va-ed.

Blessed is God's glorious majesty forever and ever.

MI SHEBEIRACH *avoteinu*

M'kor hab'rachah l'imoteinu.

May the Source of strength who blessed the ones before us
help us find the courage to make our lives a blessing and let us say, Amen.

Mi shebeirach imoteinu

M'kor hab'rachah laavoteinu.

Bless those in need of healing with *r'fuah sh'leimah*,
the renewal of body, the renewal of spirit, and let us say, Amen.

מִי שֶׁבִּירַךְ אֲבוֹתֵינוּ
מִקּוֹר הַבְּרָכָה לְאִמּוֹתֵינוּ.

מִי שֶׁבִּירַךְ אִמּוֹתֵינוּ
מִקּוֹר הַבְּרָכָה לְאֲבוֹתֵינוּ.





FAMILY BLESSING

We ask God's blessing for our family.

יְבָרֵךְ יי וַיִּשְׁמְרֵךְ.
יָאֵר יי פָּנָיו אֵלֶיךָ וַיַּחֲנֵךְ.
יֵשֵׁא יי פָּנָיו אֵלֶיךָ וַיִּשֵׂם לְךָ שְׁלוֹם.

*Y'vareche'cha Adonai v'yishmerecha.
Ya'er Adonai panav elecha vichuneka.
Yisa Adonai panav elecha, v'yasem l'cha shalom.*





**Ready For
SHabbat
DINNER?**

**Time For the
Motzi!**

**Baruch Ata Adonai
Eloheinu Melech Ha-Olam
Ha-Motzi Lechem Min Ha-aretz**



Oseh shalom bimromav,

hu yaaseh shalom aleinu,

v'al kol Yisrael, v'al kol yoshvei teiveil,

v'imru. Amen.

עֲשֵׂה שָׁלוֹם בַּמְרוֹמַיִם,

הוּא יַעֲשֵׂה שָׁלוֹם עֲלֵינוּ

וְעַל כָּל יִשְׂרָאֵל, וְעַל כָּל יוֹשְׁבֵי תֵבֵל,

וְאָמְרוּ: אָמֵן.

May the One who makes peace in the high heavens
make peace for us, for all Israel and all who inhabit the earth. Amen.