

### October



# ADULT B'NAI MITZVAH/UNLOCKING THE SPIRITUALITY OF PRAYER

Rabbi Lisa Hochberg-Miller and Kathy Fink

Sundays, 9:30 - 10:30 Rabbi Lisa (focused on prayer) Sundays, 10:30- 11:30 Hebrew with Kathy Fink

October 13, November 17, 24, December 8, 15, January 12, 26, February 2,9,23, March 1, 15, 22, 29, April 19, 26, May 3,17

Hebrew is the beautiful key that unlocks much of the spirituality of Judaism: the ability to pray fully, sing heartily, and chant the sacred Torah words from the scroll. This year, we invite you to expand your Hebrew skills, immerse in a deep understanding of liturgy, find new comfort and ability in worship and song, and...read from Torah!

Join our 18-week Adult B'nai Mitzvah class, which is equal parts building on Hebrew reading skills to include familiarity with Hebrew prayers, and learning key Hebrew words and spiritual ideas to unlock the meaning within prayers. Co-taught by Kathy Fink and Rabbi Lisa, this Sunday morning program will culminate in an Adult B'nai Mitzvah on Shabbat morning, May 30, which is Shavuot, the celebration of receiving Torah at Sinai. You will be reading Torah! If you have participated in an adult b'nai mitzvah in the past, you may always participate again! Rabbi Lisa's class is open to any Temple member who would like to enrich his or her understanding of prayer. Kathy Fink's class, which is the preparation for the B'nai Mitzvah service, is open to Jewish Temple members who completed Kathy's Hebrew class or are of equivalent proficiency.

This program is available only to Temple members. There is a \$50 materials fee. Please register and pay in the Temple office by October 10.

#### SHABBAT BOOK DISCUSSION & POTLUCK LUNCH

*Kaddish.com* by Nathan Englander Marilyn Baron, Discussion Leader Saturday, 12:30-2:00 p.m.

October 26

Larry is the secular son in a family of Orthodox Brooklyn Jews. When his father dies, it's his responsibility to recite the Kaddish, the Jewish prayer for the dead, every day for eleven months. To the horror and dismay of his sister, Larry refuses—imperiling the fate of his father's soul. To appease her, Larry hatches an ingenious if cynical plan,

hiring a stranger through a website called kaddish.com to recite the prayer and shepherd his father's soul safely to rest. Sharp, irreverent, and hilarious, Englander's tale of a son who makes a diabolical compromise ingeniously captures the tensions between tradition and modernity.

Read the book and bring a non-meat item to contribute to the potluck.

### **O**SIMCHAT TORAH

Hosted at Temple Beth Torah

Sunday, 9:30 a.m.- noon

October 20

We have re-visioned our community celebration this year. Join us for a 9:30 a.m. Hoshanah Rabbah service, led by Congregation Am HaYam, as



we pray and circle 7 times with our lulavim and etrogim! Followed by sweets and coffee, our children join at 11 a.m. for a Simchat Torah celebration, complete with unrolling the torah scroll, music and dancing. There is a place for every generation as we eat, learn, pray and dance! Temple Beth Torah, Ner Ami, Am HaYam, the Jewish Community of Ojai, and our Federation come together for this event.





Tuesday, 2:00-3:00 p.m. October 29

## **November**

# CREATING GRATITUDE JARS JUST IN TIME FOR THANKSGIVING

**Erica Walsh** 

Tuesday, 7:00 p.m.

**November 12** 

The purpose of a gratitude jar is to bring about mindfulness and a reminder of blessings throughout the year. For one year, write on slips of paper things you are



grateful for, accomplished goals, fun memories, acts of kindness, or any other happy thing you want to remember. Over the year watch the jar fill up with blessings. After the year, open the jar and feel the joy of all the good things that happened. This class will include: a quart size Mason jar, decoration materials and

Key to find your niche

SPIRITUAL

LITERATURE



MUSICAL



ideas, a pen and a bundle of paper. If you want to bring your own jar to decorate, that is okay; a clear jar is recommend so you can watch your slips of paper grow throughout the year. Here's a way to jumpstart your new attitude of gratitude.

Materials fee of \$12-\$15 depending on the number of participants

Reserve your place in the class by November 5; email Deborah Pollack at rp5dp@sbcglobal.net

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#### **JEWISH FOLKSINGERS OF THE 1960s**

Clifford Wilcox, Ph.D.

Tuesdays, 7:00-8:00 p.m.

Nov 19: The American Folk Music Revival and the Rise of 1960s Singer-Songwriters

Nov 26: Bob Dylan and the Reinvention of American Popular Music

Dec 3: Leonard Cohen: Between the Mountain and the World

# Dec 10: Debbie Friedman: Folksinger as Jewish Feminist Revolutionary

Folk music emerged as a distinct style within American popular music in the 1930s-1940s and after gaining popularity in the 1950s, blossomed into a full musical-cultural movement in the 1960s. The folk music movement wove together several rich and varied strands of music as well as distinct, typically left-leaning, political, cultural, and social ideas and commitments. From the 1930s forward, Jewish musicians and activists played a central role in the development of the folk movement. Three Jewish musicians, who emerged in the 1960s, played transformative roles in the development of the American folk music movement: Bob Dylan, Leonard Cohen, and Debbie Friedman. This course will examine the emergence of the folk music movement and focus, in particular, on the key contributions of Dylan, Cohen, and Friedman to American folk and popular music from the 1960s up to today. Using lecture, music and film clips, and discussion, we will explore the unique contributions of these three musicians and examine, in particular, the role their Jewish identity played in the development of their music.



### December

## STORY DISCUSSION



Deborah Pollack Tuesday, 2:00-3:00 p.m. December 17

### O HANUKAH COOKIE DECORATING 101

**Erica Walsh** 

Thursday, 7:00-8:00 p.m.

**December 19** 

Want to learn how to make beautifully decorated holiday cookies people will love to look at as well as gobble up? This is a basic class on using royal icing on



sugar cut-out holiday cookies or gingerbread cookies. I will demonstrate skills that will up your cookie game. Materials provided will include four cookies to decorate, along with assorted royal icing and recipes.

Materials fee of \$12-\$15 depending on the number of participants

Reserve your place in the class by December 12; email Deborah Pollack at rp5dp@sbcglobal.net

# **January**



#### **CREATING MEMOIRS**

Deborah Rose O'Neal Tuesdays, 2:00-3:00 p.m.

#### January 7, 14, & 21

Learn how to preserve your significant personal anecdotes, giving them special meaning through context and theme. Experience the satisfaction of telling (and retelling) a story that is uniquely your own. Give the gift only you can create through a memoir that only you can write—by your lights, through



# SHABBAT BOOK DISCUSSION & POTLUCK LUNCH

The Gallery of Vanished Husbands by Natasha Solomons

Alan Kirschbaum, Discussion Leader Saturday, 12:30-2:00 p.m.

**January 25** 

When Juliet Montague's husband disappears on her 23rd birthday, so does she. As far as her Jewish community is concerned, she is invisible, an aguna, until, on her thirtieth birthday, she does something unexpected. Instead of buying a fridge, she impulsively spends her savings on a portrait of herself. The painting leads Juliet out of her suburban shtetl and into the heady art scene of 1960s London, where she proves an astute spotter of talent. Yet she remains an outsider in both her worlds: a mother of two, drawn to a reclusive artist who never leaves rural England, and unable to feel free until she has tracked down her husband – a quest that leads her to California and a shocking discovery. This is the captivating tale of an unusual woman's journey through life, each stage hinged on a portrait, written with infectious verve and humor.

The Callery of

Vanished Husbands

NATASHA SOLOMONS

The House at Tyselone

Read the book and bring a non-meat item to contribute to the potluck.

# **Febuary**

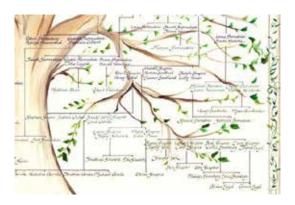


**Pam Small** 

Saturdays, 12:30-1:30 p.m.

February 1, 8, & 15

Want to learn more about your family's histories and mysteries? Using her own fascinating progenitors as examples, Pam will demonstrate how to conduct effective genealogical research using online tools. She'll then show us how to use software to create a family tree that can be maintained on your computer or other personal devices. Finally, we'll learn how to digitally store family documents and photographs. Who knows what amazing family secrets you can uncover and pass on to future generations!



## **OCRAFTING MEMORY ALBUMS**

**Nancy Marcus** 

Tuesday, 2:00-3:00 p.m. or 7:00-8:00 p.m.

February 25

We will learn to make digital photo books and cards. We will explore various websites so you will see the variety of options and find the one that works best for you. You will need to bring a laptop or iPad with photos you would like to use (jpg or gif). This class



is part of a group of classes on preserving memories.

# STORY DISCUSSION



Deborah Pollack Tuesday, 2:00-3:00 p.m. February 18

### March

### BAKING HAMENTASCHEN FOR PURIM

DeAnna Scott Sunday, 12:15-2:00 p.m.

March 1

Bring a bag lunch and join us as we create pastries for Purim, with or without the kids! Let us gather to create some maximum Purim deliciousness as we cut, roll, and fill hamantaschen. Perfect "Haman's



pockets" are not guaranteed, but a good time getting ridiculously bathed in flour and jelly are – so bring your apron! Once those delectable, triangular filled cookies come out of the oven, be prepared to taste test your hard work or bring a few home if you care to share!

Materials fee of \$5.

Reserve your place in the class by February 24; email Deborah Pollack at rp5dp@sbcglobal.net

# PRAYERS and PSALMS and POEMS, OH MY!

Fern Perusse-Filzen Saturday, 12:30-2:30 p.m. March 21 & 28

How does that still, small voice speak to us when we experience a prayer, psalm or poem that inspires us to be creative? Join Fern in exploring Jewish writings that are contained in our very



own Mishkan T'Filah and Torah. We'll delve into imagery, music and art. You'll have a chance to create your own craft piece and share your inspiration with the group.

Materials fee of \$10 payable at registration to Fern Perusse. Class size is limited to 15.

Reserve your place in the class by March 14; email Deborah Pollack at rp5dp@sbcglobal.net

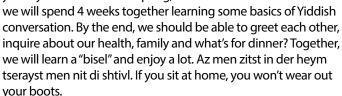
# **April**



**Judy Gottlieb** Saturdays, 12:30-1:30 p.m.

April 4, 11, 18, & 25







Sunday, April 19, 3:00 p.m.

**Oxnard Performing Arts Center-New West Symphony** 



Violins of Hope are a collection of string instruments, each with their own stories from the Holocaust. Lovingly restored by violinmakers Amnon and Avshalom Weinstein.

Violins of Hope is a project created to celebrate the triumph of the human spirit, using a private collection of over 60 instruments all restored since the end of World War II. The violins, violas, and cellos have been collected by the Weinsteins since the 1980s, when Amnon was asked to restore a violin that had survived the Holocaust. When he opened the violin, he found black powder, which he discovered was ash from the crematoria at Auschwitz, where it was played by the grandfather of the violin's owner. The Weinsteins' collection has grown to 60 instruments, and they have been working to restore these instruments so they may continue to tell the story of their previous owners.

The New West Symphony's Violins of Hope concerts include personal and real stories from local survivors. Look for more information at TBT and Federation for obtaining your tickets.





Tuesday, 2:00-3:00 p.m. April 21

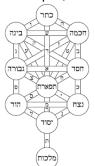
# May

# INTRODUCTION TO KABBALAH

Rabbi Mike Lotker Tuesdays, 7:00-8:00 p.m.

May 5, 12, & 19

In our 3 week exploration of the world of Kabbalah we will explore the simple (is it kabb-a-LAH or ka-BAL-ah?) to the deep (how does



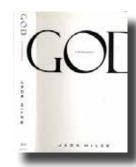
the interpretation of word "echad" in the Shema affect our understanding of God's nature and our relationship with God?). We will address the history and practices of kabbalah and have lots of time for questions and discussion of this fascinating subject. Our first class will be an introduction to some of the key ideas of Kabbalah and to its interesting history. Class #2 will introduce the central text of Kabbalah, The Zohar, which is a work of pseudepigrapha (don't know what that means? Come and find out!). We will discuss the 10 Sefirot, the world of Gematria.

the mystical names of God and more. In the next class, we will explore Lurrianic Kabbalah, the Soul, Angels, Hasidim and focus on enhancing our own Jewish spirituality.

#### SHABBAT BOOK DISCUSSION & POTLUCK LUNCH

**God:** A Biography by Jack Miles Adam Kaiserman, Discussion Leader Saturday, 12:30-2:00 p.m.

May 16



What sort of "person" is God? What is his "life story"? Is it possible to approach him not as an object of religious reverence, but as the protagonist of the world's greatest book as a character who possesses all the depths, contradictions, and ambiguities of a Hamlet? This is the task that Jack Miles—a former Jesuit trained in religious studies and Near Eastern languages accomplishes with such brilliance and originality in God: A Biography, winner of the Pulitzer Prize. Using the Hebrew Bible as his text, Miles shows us a God who evolves through God's relationship with man, the image who in time becomes his rival. Profoundly learned, stylishly written, the resulting work illuminates God and man alike and returns us to the Bible with a sense of discovery and wonder.

Read the book and bring a non-meat item to contribute to the potluck.

### **TIKKUN LEIL SHAVUOT**

**Hosted by Congregation Am HaYam** Thursday, May 28

Following the tradition that the people were so excited about receiving the Torah the next day at Mt. Sinai that they stayed awake all night and studied, we come together for a night of food, study, prayer and song as we anticipate "chag matan torah", the festival of being gifted with Torah! Jewish Federation will host a dairy dinner as our community rabbis come together to teach Torah.



## **LEARN TO CRAFT FROM A MAVEN!**

TRAVELER'S NOTEBOOK Joy Goldowitz Sunday, 12:00-2:00 p.m. May 31



Make your very own traveler's notebook using thick felt (lots of colors!) and elastic cording. We will learn how to create two signatures to place inside our notebooks to use for journal entries, sketching, collage, etc. Make one for yourself or give as a gift. Once you make one, you'll want to make more!

#### \$6.00 materials fee.

Reserve your place in the class by May 24; email Deborah Pollack at rp5dp@sbcglobal.net

### June

**BEADED BRACELETS AND NECKLACES WITH** (OPTIONAL) LEATHER PENDANT

Joy Goldowitz

Tuesday, 12:00-2:00 p.m.

June 9

Using seed beads, we will craft a color design on beading wire. We will use crimp beads, and install a clasp. It's fun to wear multiples, and they make great gifts!

#### \$5.00 materials fee.

Reserve your place in the class by May 24; email Deborah Pollack at rp5dp@sbcglobal.net

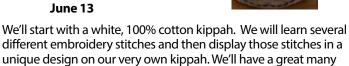


**EMBROIDERED KIPPAH** 

Joy Goldowitz

Saturday, 12:30-2:30 p.m.

colors of embroidery floss from which to choose.



\$8.00 materials fee for first kippah; additional kippot are \$5.00 each (must be ordered when you RSVP for class) Reserve your place in this class by May 24; email Deborah Pollack at rp5dp@sbcglobal.net



**MONO PRINTING** 

Joy Goldowitz Sunday, 12:00-2:00 p.m.

**June 14,** 

A favorite technique of Andy Warhol; you'll love mono printing! We'll start with a simple picture, perhaps cut from a magazine. Using tape, a bottle of ink, a dip pen, a transparency, and watercolor paper we will trace the image and transfer it to the watercolor paper. We'll then use

watercolors, watercolor pencils, and watercolor crayons to fill in our transferred masterpiece. No drawing experience needed!

\$5.00 materials fee. Reserve your place in the class by May 24; email Deborah Pollack at rp5dp@sbcglobal.net

#### LET'S EXPERIMENT WITH MAKE-UP AND HAIR

**Pam Small & Nancy Marcus** Tuesday & Thursday, 7:00-8:00 p.m.

June 16 & 18

Wearing make-up can be intimidating, but it doesn't need to be. Please join Pam Small and Nancy Marcus for a tutorial on applying make-up and French braiding. We will experiment with different types of makeup, exploring what enhances



our beauty and the best way to apply it. If you have your own cosmetics and want some tips, please bring them, but it won't be necessary as we will have lots of samples to try! There is nothing to buy and all are welcome!





Tuesday, 2:00-3:00 p.m. June 23

# July

#### SHABBAT BOOK DISCUSSION & POTLUCK LUNCH

One More River by Mary Glickman **Karen Kinrose, Discussion Leader** Saturday, 12:30-2:00 p.m.

July 11

Bernard Levy was always a mystery to the community of Guilford, Mississippi. He was



even more of a mystery to his son, Mickey Moe, who was just four years old when his father died in World War II. Now it's 1962 and Mickey Moe is a grown man who must prove his pedigree to the disapproving parents of his girlfriend, Laura Anne Needleman, to win her hand in marriage. With only a few decades-old leads to go on, Mickey Moe sets out to uncover his father's murky past, from his travels up and down the length of the Mississippi River to his heartrending adventures during the Great Flood of 1927. Mickey Moe's journey, taken at the dawn of the civil rights era, leads him deep into the backwoods of Mississippi and Tennessee, where he

meets with danger and unexpected revelations at every turn. As the greatest challenge of his life unfolds, he will finally discover the gripping details of his father's life—one filled with loyalty, tragedy, and heroism in the face of great cruelty from man and nature alike.

Read the book and bring a non-meat item to contribute to the potluck.

#### THE KOVNO GHETTO RABBINIC COURT

Annette Halpern Saturdays, 12:30-1:30 p.m. July 18 & 25

During this two-part class we shall explore the dark years of the Holocaust in the Kovno Ghetto where religious Jews were determined to observe the commandments of Jewish law as much as humanly possible. During the German occupation Rabbi Ephraim Oshry managed to record ghetto inhabitants' questions regarding Jewish law with his responses on bits of paper torn from cement sacks which he stored and buried in tin cans for retrieval after the war. Could a Jew buy a Christian baptismal certificate to save his/her life? Might one take the property of deceased neighbors and sell it to raise cash for one's own starving family? Would abortion be permissible given that any Jewish woman found to be pregnant would be killed? We shall discuss these and other unimaginable "choiceless choices" that Jews were forced to confront during

and after the war along with the rabbi's interpretations which were published in a now rare work, *Responsa from the Holocaust*.

#### Check the Shofar for Brotherhood Bagel Brunches speakers and dates







# Youthful Events



#### Torah School 2019-2020: Mishpacha Class

Join other families to create lasting relationships as we explore our Jewish world through play, music, movement, stories, crafts and circle time.

Join us on Select Sundays 9:30am Nosh 10am - 11:30am Class

Oct 6, 20 Feb 9

Nov 24 Mar 1, 15

**Dec 15** Apr 19

Jan 12, 26 May 3, 17

June 7

Art, Music, Movement & Food!!!

For more information please contact TBT Torah School:

Danielle Stoyanoff (805) 647-4181 x19 danielle@templebethtorah.com



#### **Professional Staff**

Rabbi Lisa Hochberg-Miller

Director, Education and Family Programs Marisa Schrier

Director, Early Childhood Education Marion Levin-Welch

Cantorial Soloist, Robin Faigin

#### **Board of Directors**

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