



Inspiring people to lead meaningful Jewish lives

Rabbi's Message Rabbi Lisa Hochberg-Miller

The reality is that we are experiencing a cycle of anti-Semitism in the U.S. that we haven't seen in a few decades.

t has been said, by virtue of the fact that we live in an open society that is accepting of Jews, that everyone of us is a Jew by choice. No longer defined by outside voices that refuse to integrate with us, Jews are free to assimilate into American society. Nothing new here—that has been the fortunate experience of American Jews for almost half a century.

The corollary adage is that, if it weren't for anti-Semitism, not much would keep Jews Jewish. Those are the two polar opposite ways of looking at the future of Jews in America—that we remain distinctly Jewish because there are those who hate us, or we do not remain Jews thanks to assimilation, because there are those who love us.

The reality is that we enjoy an unprecedented acceptance in America, an acceptance that Jews in European countries are finding diminished because of deep pro-Arab, anti-Israel sentiments and racist propaganda. And the reality is that we are experiencing a cycle of anti-Semitism in the U.S. that we haven't seen in a few decades.

This reality does nothing to alter the premise that each of us is a Jew by choice. It only gives us different factors to consider in our choice of what kind of a Jew we will be.

As we step into the High Holy Day season, we



enter the right season to assess your commitment to being lewish. This is not a theoretical question. Since 2000, 80% of Reform Jews have married non-Jews, which means the decision to be actively Jewish, have Jewish homes and raise Jewish families, is an active choice, not a default position. The number of Jews affiliated with Conservative synagogues has dropped to less than 600,000. As other extracurricular activities like sports have expanded to compete for family time, dollars and allegiances, Jewish education of our youth becomes a pro-active family commitment, not just a given. Choosing Judaism is something we must do day by day by day, month after month, holiday after holiday, if we are committed to retaining a Jewish identity.

In short, this is not your bubbe's Judaism anymore. It is yours.

So as you enter into the Holy Days and find yourself hopefully, sitting in shul with friends and family and members of our community, let me invite you to dream ahead to the choices you will make this year. As Rabbi Harold Kushner writes in his book, "Nine Essential Things I've Learned About Life", religion isn't real into how you feel inside gets expressed in action. Being Jewish is an active discipline. A Jewish identity that isn't acted upon simply becomes a Jewish heritage, and then it becomes your family's Jewish history, but not its future. How will you make Judaism live in you and through you in 5779? And if this column has provoked any thoughts for you, I'm glad to talk over tea, after the Holy Days! Gut Yuntif!



### UPCOMING EVENTS

### ADULT LEARNING

**Short Stories** Tuesday, September 25 at 2:00 p.m. *TEMPLE BETH TORAH* 

### PROGRAMS

Family to Family\*\* Sunday, September 2 at 6:30 a.m. DOWNTOWN VENTURA

Food Share Every Tuesday at 9:30 a.m. TEMPLE BETH TORAH

**River Haven Food Drop Off** Monday, September 3 at 3:00 p.m. *TBT KITCHEN* 

#### **MEETINGS**

**AA Meeting** Every Thursday at 8:00 p.m. TEMPLE BETH TORAH

**Board of Directors Meeting** Thursday, September 13 at 7:00 p.m. *TEMPLE BETH TORAH* 

House Committee Meeting Thursday, September 20 at 7:00 p.m. TEMPLE BETH TORAH

Social Action Committee Thursday, September 20 at 7:00 p.m. TEMPLE BETH TORAH

\*\*offsite event

### HIGH HOLIDAYS 2018/5779

September I	S'lichot
September 9	Erev Rosh Hashanah
September 10	Rosh Hashanah Day I
September II	Rosh Hashanah Day 2
September 18	Erev Yom Kippur/Kol Nidre
September 19	Yom Kippur

# **WELCOME 5779!** Be a Part of Community as We Celebrate Together!

### Friday, Aug. 31- Tot Shabbat 6:00 p.m.

We introduce the Holy Day Season to our youngest members at Tot Shabbat, where our tots help us change our Torah mantles to our seasonal, white mantles. Come help Rabbis Lisa and Noah get the Torahs ready for the special season ahead!

### Saturday, Sept. I - Slichot 7:30 p.m.

We'll start with desserts then Havdalah in the atrium, followed by a special program, "Music to Open the Heart." A concert coordinated by the talented and beloved Miriam Arichea, our High Holy Day pianist, this concert will feature classical music selections presented by the Channel Islands Chamber Orchestra, and selections of American songwriter Carl Sigman, as we celebrate the gift of the Yamaha concert grand piano gifted to Temple Beth Torah by the Sigmans in 2017. Cantorial student Bryce Emily Megdal, and rabbinic student-songleader Noah Diamondstein will also perform works of Carl Sigman, plus contemporary Jewish music which they have recorded. It will be a delightful musical experience and open our hearts so we are able to encounter the Slichot service. The final part of our evening is a creative Slichot service, beginning at 9:00 p.m. Unfolding in a candlelit sanctuary, Slichot prayers allow us the opportunity to begin the work of introspection, to consider the call of this time of year for self-improvement, repentance, forgiveness, and accountability. The service will feature our High Holy Day choir, directed this year by Dr. KuanFen Liu, and featuring Robin Faigin, congregants, soloists/musicians Cantor Bryce and Rabbi Noah, and pianist Miriam Arichea.

### Sunday, Sept. 9 - Erev Rosh Hashanah

5779 begins on Sunday evening, with an 8:00 p.m. service, scheduled to allow congregants time for dinner with family and friends before attending. Please bring your name badges that were mailed to you upon receipt of your membership papers for the year. If you need to reserve tickets, for family members or friends, please call the office. Tickets can be picked up the day of services. And make sure you have bought your High Holy Day prayerbooks, at the Geller Judaica shop!

### Monday, Sept. 10 - First Day Rosh Hashanah & Tashlich at t<mark>he Bea</mark>ch

Sound the shofar, the New Year is here! Join

us for a 10:00 a.m. Yuntif service, including Torah, our High Holy Day appeal, the chance to hear Rabbis Lisa and Noah and Cantor Bryce, as well as our choir. Children's programs run simultaneously, featuring *Rosh Hashanah* learning, holiday activities, and a service conducted by Rabbi Noah. Sign up through Torah School.

Family Celebration at Marina Park, starting at 4:00 p.m. Join us for making a family art project, and for songs and stories for our Torah school students and families.

Tashlich at the Beach at Marina Park, at 5:00 p.m. We join in this tradition of personifying the spiritual act of casting away our shortcomings, our perennial bad habits that keep us from our best selves. Everyone—including the family dogs—are welcome!

### Tuesday, Sept. 11- Second Day Rosh Hashanah 10:00 a.m.

We'll let you in on a little-known secret: 2nd day *Rosh Hashanah* is all the music, with far fewer people! It is a great service, which let's you sink into the compelling liturgy and the thoughtful themes of *Rosh Hashanah*, in a more intimate community. For many people, this is the nicest service of all!

#### Tuesday, Sept. 18 - Erev Yom Kippur

We begin this most solemn day of fasting, repenting and soul-cleansing wrapped in our tallitot, traditionally dressed in white, letting the sounds of the *Kol Nidre* prayer open our hearts and bring us fully back to our awareness that at all times we stand in God's Presence. This 8:00 p.m. service is always full, so please come and park with time to find seats before the *Kol Nidre* begins.

### Wednesday, Sept. 19 - Yom Kippur Day

9:00 a.m. We welcome families of all ages, for the special experience of sitting in synagogue together as parents and children, praying, singing and thinking about what it means to be mindful of our words, and behaviors. A Torah reading and story make this 45-minute service a wonderful way to enter Yom Kippur day.

Our community service begins at 10:30 a.m., as does our children's programming, in the quad. Our day continues with multiple services, and many new offerings this year:

1:30 p.m. Discussion on November ballot initiatives, led by Justice Steve Perren.

3:00 p.m. Avodah Service. Avodah is the name for the service performed in ancient days by the priests in Jerusalem at the Temple. Today, we understand the offering of our hearts to be our offering. On *Yom Kippur* afternoon, we recall those ancient days but also revisit the Jewish history and sacred practices that make us the people we are today. Come for this inspirational service.

4:00 p.m. Texts of Inspiration. Rabbis Lisa and Noah and congregants lead us through the Holiness Code of Leviticus 19, and the Book of Jonah, the two hallmark texts for Yom *Kippur* afternoon.

5:00 p.m. Yizkor. Adding to the beautiful texts of *Mishkan HaNefesh* will be personal poetry and writings of congregants, reflecting on memory, loss, the process of *Yizkor*.

6:00 p.m. *Neilah*. As the gates begin to close, we end with our final prayers and conclude with *Havdalah*, breaking the separation between holy time and ordinary time.

1:30-6:00 p.m. Introspection Room. Our library will be set aside as a place to sit quietly, read and contemplate. It will be stocked with inspirational readings for contemplation, with paper for journaling, and with stationery for letter-writing, as your heart so prompts.

# Friday, Sept. 28 - Shabbat Sukkot 6:30 p.m.

BYO Shabbat Dinner to eat under the sukkah, before our 7:30 p.m. service. We will have challah and juice for all.

### Saturday, Sept. 29 - Sukkot Sleepover

Register with Torah School for your Torah School family to spend the night under the stars, starting with dinner and ending with breakfast, and lots of lunar fun, movies, games and *Havdalah* in between!

### Sunday, Sept. 30 - Shemini Atzeret/ Simchat Torah: Simchat Torah Community Celebration, to be hosted at TBT at 5:00 p.m.

The first of our community events for 5779, which brings TBT together with members of Ner Ami in Camarillo, Am HaYam in Ventura, and the Jewish community of Ojai. With our lewish Federation partner, we celebrate Simchat Torah, the beloved, ongoing cycle of reading Torah. Reservations needed for kosher, dairy dinner, but no reservations for the evening as we continue with a panel teaching led by Rabbis Lotker, Hochberg-Miller and Sacks, and a service led by Student Rabbis Moody, Diamondstein and Rabbi Ira Rosenfeld. We will get to explore our Torah scrolls up close, and dance with the Torahs in celebration. This event is for people of all ages. A special art project for students is a family or student option, during the rabbi's panel time.

### **President's Message**

Pam Small

# The minute the High Holidays end, we begin preparing for the next year.

ugust is the month when TBT is bustling with High Holiday preparations: singing, writing, organizing, cleaning, asking, publishing, assigning, securing, and decorating. There are many people at work to make those special days memorable and meaningful. I am at TBT regularly and the extra activity is exciting. Every year I am impressed and amazed and touched by the number of people who volunteer and the organization and hard work it takes to bring it all together.

Throughout the year your Board and Committee members have these days in their thoughts. The minute the High Holidays end, we begin preparing for the next year. We have a new soundboard and new microphones for our clergy and a sound loop in the floor to ensure that everyone can hear clearly. We installed UV protecting film on the windows in the lobby to will help with our energy costs, keep our congregants cool and comfortable, and prevent the candles from melting in the gift shop (it was happening!). The Czech



Torah will have a more prominent place in our lobby, marking the entrance to our Sanctuary and putting us in a mood of reverence as we walk in.

I attend services every Saturday morning and have been doing so since the start of my presidency. This has become my own quiet time. I sit and think of the week behind and the week before me. What did I accomplish? What could I have done better? Did I do anything, even something small, to improve the world? What can I do in the week ahead to make my life have value and meaning and grace? I used to be a High Holiday Jew, and I would have these thoughts during services then. Now, I assess my life weekly instead of yearly. The advantage in doing so is that you have a fresh beginning every Shabbat instead of only once a year. The High Holidays have become more meaningful to me as I look back on the year I have finished and think of the time I have left.

Judaism is challenging. Think of all that we Jews are expected to do. We must be literate so we can read Torah, but reading isn't enough, we must also study it. No skimming allowed! No superficial Torah encounters! We are charged with living to a high moral standard as directed by the Ten Commandments. Oy! Ten is a weighty number. We are obligated to try to heal the world. Great stars! Such responsibilities! Yet, would we have it any other way? I think not. I look forward with joy to seeing you all during the High Holidays. *B'Shalom*,

Pam

# TRANSPARENT **TBT**

- 1. We have 25 families signed up for Mishpacha.
- 2. High Holiday preparations are in high gear. The choir came in and sang happy birthday to Rabbi Lisa in Hebrew! They sounded terrific.
- 3. A number of volunteers are working on folders of information to welcome new members, folders to assist in planning funerals, and folders for planning special events in the social hall.

### The TBT OFFICE WILL BE CLOSED:

Mon., Sept. 3 (Labor Day) Mon.-Tues., Sept. 10-11 (Rosh Hashanah) Weds., Sept. 19 (Yom Kippur)

> L' Shanah Tovah Have a sweet year!



#### SEPTEMBER WORSHIP SCHEDULE

#### Friday, August 31

PARSHAT KI TAVO

- 6:00 p.m. Tot Shabbat pre-Slichot service Come change our torah mantles to white!
- 6:30 p.m. Our final summer service in the atrium! Followed by oneg

### Saturday, September I

10:00 a.m. Shabbat Morning Service
11:30 a.m. Torah Study, Bank Family Library
7:30 p.m. Desserts and Havdalah
8:00 p.m. Slichot concert
9:00 p.m. Slichot Service

Friday, September 7 PARSHAT NITZAVIM 7:30 p.m. Erev Shabbat Service in the Sanctuary Followed by oneg

Saturday, September 8 10:00 a.m. Shabbat Morning Service Followed by Torah Study

#### Friday, September 14

PARSHAT VAYELECH/SHABBAT SHUVAH 7:30 p.m. Erev Shabbat Service Followed by oneg

### Saturday, September 15

10:00 a.m. Shabbat Morning Service 11:30 a.m. Torah Study, Bank Family Library

### Friday, September 21

PARSHAT HA'AZINU

7:30 p.m. Erev Shabbat Service Followed by oneg

### Saturday, September 22

10:00 a.m. Shabbat Morning Service 11:30 a.m. Torah Study, Bank Family Library

### Friday, September 28

CHOL HAMO'ED SUKKOT6:30 p.m. BYO Shabbat dinner in the sukkah7:30 p.m. Erev Shabbat Service Followed by oneg, lulav waving in the sukkah

### Saturday, September 29

10:00 a.m. Shabbat Morning Service in the sukkah! Dress for the weather!



Please Join Us! BYO Shabbat Dinner in the Sukkah

### Friday, Sept. 28, 6:30 p.m.

Erev Shabbat Service 7:30 p.m. Followed by oneg, lulav waving in the sukkah

# **Brotherhood**

Ron Halpern

In September with the High Holidays coming, the Brotherhood will be helping with parking, assisting congregants into the building, and with any security issues that might arise.

Shana Tova, dear congregants! The TBT Brotherhood is gearing up for some busy months ahead. By the time you read this article, we will have gone on a fun train ride with the Fillmore Western Railway Co. as well as helped the Torah School by making our special pancake breakfast. These kind of events are not just for Brotherhood members, but are open to any congregants who would like to attend or help.

In September with the High Holidays coming, the Brotherhood will be active in helping with the parking, assisting congregants into the building, and with any security issues that might arise. You will see many of our Brotherhood members actively serving on committees—from the House,



to the Social Action, to the Finance; not to mention Food Share, and Family to Family. I am pleased that we are fully represented in these busy groups that make up this wonderful Temple.

We are also proud that we recently helped sponsor Noah Hilles, a recent TBT confirmand, who spent the summer in Israel on an educational trip. We are looking forward to him sharing some of the highlights of his experience at a future meeting or brunch.

Since we will be busy during the month September with the High Holidays, we will not have our monthly Brotherhood meeting, but we plan to have one in October as well as a Brotherhood Brunch. More information on that will be forthcoming as soon as we get our next speaker lined up.

If you are interested in coming to our meetings, we usually have them the first Monday of the month in Meister Hall. Please feel free to contact me by email.

Hope to see you soon, Ron Halpern President, TBT Brotherhood

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### Hosting (housing) Our HUC Rabbinic Intern

We are looking to the congregation to help with housing our Rabbinic Intern, Noah Diamondstein.

Appropriate housing would include a private bedroom and bathroom. You are not obligated to cook for Noah, but very nice if he has the ability to grab some breakfast on Saturday and Sunday morning, access to the kitchen for Saturday lunch and dinner, as needed. You are certainly welcome to host more than one weekend. He will be at TBT two weekends per month. Noah is a newlywed.

November 16-18 January 11-13 January 25-27 February 1-3 February 22-24 March 1-3 March 15-17

Please contact Martha Jaffe by email/ home phone if interested. You can leave a message on her phone and she will return your phone call as soon as possible. She will be coordinating the hosting weekends for Noah: Will post the 2019 weekends as we get closer to the new year.



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#### ADULT EDUCATION & PROGRAMS

# **Expand Your Horizons- Learn Something New!**

by Deborah Pollack, VP of Adult Learning and Programs

t's a new Jewish year and we have a variety of classes and programs scheduled. Now your assignment is to do the following:

I. Pick up a copy of the new Adult and Family Learning and Programs brochure for 5779. You can find it in a variety of locations at TBT.

2. Go through the brochure and decide which of the classes you're interested in taking. If you read about a class that would be perfect for a friend, be sure to let him or her know.

3. Put the class on your calendar, electronic or paper. If it requires advanced registration, be sure to write that down a few days in advance.

Now you're ready to start 5779 prepared to grow by expanding your understanding, knowledge, and abilities. To whet your appetite, here are the educational activities scheduled for September and October:

### Short Story Discussions Deborah Pollack Tuesday afternoons, 2:00-3:00 p.m.,

every other month

Sept. 25



Join us as we engage in close reading and discussion of superb short stories by writers from diverse backgrounds. Our first story for 5779 will be I.B. Singer's "Gimpel the Fool."

### A Taste of Judaism and Jewish Literacy Rabbi Mike Lotker Tuesdays, 7:00-8:30 p.m., 10/30/18-3/26/19

The three-part Taste of Judaism class, designed to introduce the main tenets of Judaism, will be followed by a 15-week Jewish Literacy class. These classes are ideal for Jews, for their spouses, for those who are exploring conversion, and those who simply wish to broaden their knowledge about the fundamentals of Judaism's extraordinary history, beliefs and faith. The 15 classes of Jewish Literacy touch on most of the areas of concern and interest to adults who wish to explore the holidays, sacred literature, history, spirituality, mysticism, and living a full Jewish life. This class is required for conversion candidates. See your brochure for details of each class.

TUITION: There is no cost for "A Taste of

Judaism" for anyone or for "Jewish Literacy" for members of area synagogues. The suggested donation for "Jewish Literacy" for non-members is \$150 plus the cost of any texts and materials. Couples pay only one registration fee. The suggested donation for non-members deciding to "drop in" on classes is \$10 per session. If these fees are a barrier to anyone's participation, please speak with Rabbi Lotker; nobody will be turned away.

This program is made possible by Temple Beth Torah and the Jewish Federation of Ventura County. For more information or to reserve your seat, email or call Temple Beth Torah.

# Mindful *Middot*: The Path of Jewish Self-Growth

Rabbi Lisa Hochberg-Miller

8 Sunday mornings, 9:30-11:00 a.m.

Encountering a trait each month, we will read core Jewish texts that help us understand which of our personal traits need growth and/or repair, so that we can be the person we want to be! Using the techniques of Rabbi Israel Salanter, the 19th century rabbi who brought the practice of mussar (mindful self-discipline) into popularity, we will work on our own traits toward self-growth. The discipline of *mussar* invites us to journal, reflect, pray, and consciously work on qualities such as Equanimity (peace of mind), Anger, Holiness, Feeling Secure, and more.

Oct. 21	Jan. 27	April 28
Nov. 18	Feb. 24	May 19
Dec. 16	March 17	

### **#DoJewish @Home:** Jewish Rituals, Practice, and Observances that Will Enrich Family Life, Deepen Family Jewish Connections, and Integrate Family Values Into Family Behaviors Student Rabbi Noah Diamondstein

7 Sunday mornings, 9:30-11:00 a.m.

Every family that has a connection to Judaism, whether all, most, or some of the family members are Jews, has a set of values that guide family life. Sometimes those values are spoken and specific, sometimes they are implicit and very general, but values shape family life. Jewish values, as we will learn in Rabbi Hochberg-Miller's course on *Middot*, are an amazing resource for imbuing a life with Judaism, and Judaism has an entire series of rituals and practices (some daily and some just once or twice a year) that can take those immaterial values and make them tangible! Over the course of seven sessions, we'll discuss major categories of Jewish ritual and practice, learn where they come from and how to perform them, and make Jewish actions feel doable, customizable, and ready to plug-and-play at home. You get out what you put in! If we take Jewish practice and action seriously, and ensure that they are grounded in *middot*, they will meaningfully enrich our lives every single day.

Oct. 7	,	0	, Jan. 13	May 5
Nov. 4			Feb. 3	-
Dec. 9			March 3	

### Parent and Child Challah Baking DeAnna Scott

### Friday afternoon, Oct. 12, 2:00-3:30 p.m.

Are you ready to learn, or improve upon your ability, to make a handsome and mouth-watering challah? Challah maven DeAnna will bring the dough and some wild mix-ins so that we can focus on enhancing our kneading and braiding skills. Children ages 4 and up are welcome to participate, but you don't need a child to attend, and each of us will walk out with a homemade Shabbat loaf!

There will be a materials fee of \$4.00 for adults, free for pre-B'nai Mitzvah children. Enroll by Oct. 10; email Deborah Pollack.

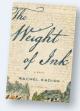
### Shabbat Book Discussion and Potluck Oct. 13, 12:30–2:00 p.m. in the Library

Come join us for a lively book discussion; please bring a non-meat item to share. The Weight of Ink: A Novel

### by Rachel Kadish

Facilitated by Alan Kirschbaum

Helen Watt, an aging British historian and expert in Jewish studies, is invited to evaluate old manuscripts found during the renovation



of a house in London. Her assistant,

Aaron Levy, is a young American graduate student and secular Jew. What they find—and the implications of it—astound them both. Through Kadish's skillful writing, the reader effortlessly shifts between the worlds of both Helen and Aaron in modern-day London, Israel in the 1960s, and London in the 1660s with her compelling, richly-drawn characters. At nearly 600 pages, better start this one early!

### **Education & Family Programs**

Marisa Schrier

# We have lots of ideas regarding how to use natural materials to create a seating arrangement.

he 2018-2019 Torah School Wide Focus will be our new Outdoor Sacred Space.We have been renovating the Torah School side of the garden and by utilizing resources we already had, we transformed an empty spot into a wonderful east facing bima. We have lots of ideas regarding how to use natural materials to create a seating arrangement and our hope is that this Space will eventually hold approximately 40+ people. The whole school will be working on this project; beginning with designing blueprints, creating the art that will be used to help beautify the area, considering the placement of the ner tamid (eternal light) and deciding how the ark will be designed. Family Learning Days will partially be spent adding personal touches to this Outdoor Sacred Space. We are looking forward to creating this sanctuary together.

I am looking forward to you joining me on the first Friday of every month for "Family First Fridays" (the 1st FFF is scheduled for October 5, 2018).The evening will begin at 6:00 p.m. with our Tot Shabbat Service. Following Tot Shabbat, at 6:30 p.m., we will join together for a Congregational Dinner. Family Services will begin at 7:15 p.m. (utilizing our Mishkan T'filah for Youth siddurim) and will include Torah School Song Sessions created and led by Rabbinical Intern Noah Diamondstein. On Sundays, students will



get the chance to learn, sing and pray with Noah and Rabbi Lisa.We are looking forward to seeing you each FFF so your child can participate. Get ready for Shabbat to get a little wild!

During class on Sundays, we do serve a small snack of juice and challah. If this snack does not work for your child, please send a replacement. We are happy to store any alternative snacks here in the office. On Wednesdays, we also provide a very small snack though it is a great idea to send your child with an additional healthy and filling one. The afternoon can feel long on an empty stomach.

This is going to be great year filled with curiosity and wonder.

Looking forward to learning with you, L'hitraot, Marisa

### **Torah School Calendar**

Torah School Dates: Wednesdays: Sept. 5, 12, 26 Sundays: Sept. 16, 23, 30

No Torah School Dates: Wednesday: Sept. 19 Sundays: Sept. 2, 9

> Mishpacha Dates: Sundays, Sept. 16, 23, 30



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### HIGH HOLY DAYS FOOD DRIVE September 9–19

Join us at the PODS Container from Erev Rosh Hashanah thru Yom Kippur. Know that every can or package you donate will make a difference.

Donations can be placed in envelopes and brought to the POD or placed in the Temple office mail slot. This year we are also requesting adult, freshly washed jeans, sweat shirts, tee shirts and new socks that will be given to Lift Up Your Voice, a group that distributes clean clothing to the homeless at our city parks.

We are looking for a few volunteers to pass out bags after Friday and Saturday Shabbat services on Aug. 31, Sept. 1, Sept. 7 and Sept. 8. Please contact Ruth Owens to learn more.

We are grateful to the amazing Steve Yapp at PODS California and Trader Joe's for their support. SEE YOU AT THE POD!

L'Shana Tovah The Social Action Committee

# Sisterhood

Ann Kerman

e asked for your input, we listened, and we now want to share what we heard from you to vision sisterhood anew. During April, May and June we heard from over 100 temple women through meetings with six Rosh Hodesh groups, two "Mimosas and Mingle" teas, and multiple email and telephone conversations. We're excited to report that the energy and enthusiasm is strong and growing.

So as we "birth" in the New Year, we invite you to help us bring a new sisterhood into our temple family. Stay tuned for details to join us for a "baby shower" on Sunday, October 21, 2:00-4:00 p.m.

# Have you moved?

Please call the Temple office to keep us informed of any new addresses, phone numbers or e-mails.

### **Children's World & TBT Preschools**

Marion Levin-Welch

We utilize methods and ideas to have ongoing programs in which the children can think, engage, use critical thinking skills, and play and create.

s Early Childhood Educators, we are careful to make sure that there are many components that are hands on when we are preparing learning experiences. For true learning to take place, the active hands on activities provided need to be interwoven throughout all experiences for young children. The hands on experiences and various art media we use are the bridges for acquiring language that allows the children to express themselves and to communicate their ideas and feelings to the classroom community.

Taking all the above into consideration, we utilize methods and ideas to have ongoing programs in which the children can think, engage, use critical thinking skills, and play and create. We feel strongly that these programs are more educational than a child sitting in a chair with computer



devices. We will explore our science center and our farmers' market. We will encourage our students to use their minds as they progress through our program.

We begin with introducing children to our flexible curriculum and the opportunity to make friends in their new classrooms. Students will attend instruction in Yoga, Soccer, Stretch and Grow, Music, and will visit sites that promote earth care. We will continue to maintain our garden. The tree we planted 11 years ago in our garden is now welcoming the arms of current and will be here for future climbers. Our staff works so hard to engage our students, promote their learning, and get the children to use their beautiful brains. Our desire is to have them be creative as they continue on their journey of learning.

So what do we do here at preschool? Make memories. We have some children who come to us very confident, some who are shy, some who are scared. Preschool is where socialization is part of the experience. and it is a place to help them get ready for the future. We have children of all learning abilities, all interests, wants and needs We stand at the beginning of their learning careers. Did you know that we now have the



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children of the children who attended our preschool? Those parents must have some wonderful memories.

This month the children and their families will participate in classroom picnics. They will make decisions about what they would like to do in school and start enrichment programs in art, gymnastics, soccer, Karate, cooking, dance, Spanish, Yoga, and so much more.

This month our outreach to the community will be helping with the Social Action Committee in collecting food. The children love to participate and see how many cans and packages they can bring to school. We will keep a graph of how much the students bring to school so they can see their progress. We are looking forward to helping our students understand the value of helping those in need.

B'Shalom, Marion Levin-Welch M.A. ECE Director



# **Social Action News**

Jay Kosoff

e are quickly coming to the High Holidays, a time to rededicate ourselves to Judaism, our community, our families and the coming year.

One great way to touch all the bases is to participate in Social Action's High Holiday collection pod in our parking lot. Grab a paper bag at services or Torah School and return it filled with non-perishable food to our pod at High Holiday services. There will also be a cash collection to purchase food for Food Share (the regional food bank in Oxnard), and we will be collecting selected clothing items (new sox and underwear) for members of the community who are in need. Please start the New Year with this annual Mitzvah!

Please consider joining our committee and share your ideas on how to better our world.We meet every third Thursday at 7:00 in the Temple Library. We are an active, vital group of hard working men and women who have supported local homeless and shelter issues, helped provide clothing, diapers, and more for separated children at our Southern Border, paid for legal services to help asylum seekers assert their rights, provided tutoring for local school children and much, much more.We really need you and your valuable inputplease join us.

# \*\* 🔭 TRIBUTES 📩 \*\*



Below is a list of funds you may wish to consider when making a donation to TBT:

Annie Shapiro Torah School Fund Bank Family Library Fund **Building Fund** Cantor's Music Fund Educator's Discretionary Fund **General Fund Dressler Shiva Platter Fund** Harris TBT Preschool Fund Jewish Film Festival Meister Youth Trip to Israel Fund L'Dor V'Dor Capital Campaign Fund Murray Lieber Helping Hand Fund Pavin Building Maintenance Fund Rabbi Lisa's Discretionary Fund Social Action Fund **TBT Legacy Fund** Torah School Scholarship Fund Youth Activities Fund Worship & Celebrations Fund

### Makom HaShalom Cemetery Plots at Ivy Lawn Memorial Park

Please consider the purchase of a site at Makom Hashalom when planning your family trust, will, and advance directives. For information, call Juanita Seavey in the Temple Office, (805) 647-4181. SPONSORS We gratefully acknowledge the sponsors of our Shofar. Please show your appreciation with your patronage.

If you would like to become a sponsor, please call the Temple office at (805) 647-4181 for more information.





### VENTURA COUNTY JEWISH COUNCIL

Temple Beth Torah Inspiring people to lead meaningful Jewish lives

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### LOOKING AHEAD TO OCTOBER



October I Simchat Torah

October 7 #DoJewish @Home

> October 8 Columbus Day

October 12 Parent and Child Challah Baking

October 13 "The Weight of Ink" Shabbat Morning Book Discussion

> October 14 Brotherhood Brunch

October 21 Mindful *Middot:* The Path of Jewish Self-Growth

> October 28 Jewish Film Festival Movie



# How to reach us

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#### Temple Auxiliaries & Affiliates

Brotherhood Ron Halpern (805) 647-4181

Sisterhood Debe Bloom (805) 647-4181

Children's World & TBT Preschools Marion Levin-Welch (805) 647-3798

Senior Youth Group/VCTRY (9th–12th grade)

Marisa Schrier (805) 647-4181 Junior Youth Group (6th-8th grade)

Marisa Schrier (805) 647-4181 UJA/Federation

Cheri DeKofsky (805) 647-7800

JFS Office (805) 641-6565



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Check out the *Shofar*, photos, and lots more about TBT at www.TempleBethTorah.com. *LIKE us on FACEBOOK!* 

### PROFESSIONAL STAFF

*Rabbi* Lisa Hochberg-Miller

Director of Education and Family Programs Marisa Schrier

Director of Early Childhood Education Marion Levin-Welch

> Cantor Emeritus Ralph Moses z"l

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